

MOHILL FAMILY SUPPORT CENTRE CLG

ANNUAL REPORT 2022



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Introduction

History of Mohill Family Support Centre

Mohill Family Support Centre is a government-funded family resource centre based in Mohill town, south County Leitrim. It was founded in 2002.

Around the year 1999, the then Department of Social Welfare did a survey of social welfare dependency throughout Ireland. This survey highlighted a number of localities where there was a high percentage of people dependent on social welfare (whether due to old age, lone parenting, unemployment and full-time parenting). Mohill town and its hinterland was one of the areas identified as having a very high dependency. This fact was the impetus for establishing a Family Resource Centre in Mohill.

While that survey was in progress a separate activity was going on in Mohill itself: local people, mainly local women, were meeting informally to talk about the fact that so many people in the locality were struggling with unemployment or underemployment, broken relationships, addictions, and anti-social behaviour, while there were few recreational activities available, particularly for young people.

A local County Councillor made a connection between the survey and the concerns of local people, and he invited a group of locals to meet with a support agency for Family Resource Centres (FRCs) to explore the possibility of opening a Family Resource Centre in Mohill. With the help of the support agency a committee was established in 2001 to work towards the establishment of a Family Resource Centre; a survey of locals was carried out; and an application was made to the Department of Social Welfare to enable the committee to operate a Family Resource Centre in Mohill.

The committee and the Department signed a contract to open a Family Resource Centre early in 2002. Known as Mohill Family Support Centre, the FRC was legally registered as a limited company in May 2002, two employees were recruited in June 2002, charitable status was granted by the Revenue Commissioners in July 2002, and shop-front premises were rented by the committee, renovated and then opened



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for business in August 2022. This served the Family Resource Centre for seven years.

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In the meantime, a dis-used community centre in Mohill, the Canon Donohoe Memorial Hall, was completely renovated by the Family Resource Centre Board in conjunction with another local committee, and the Family Resource Centre relocated into that centre as the anchor tenant in May 2009.

Currently Mohill Family Support Centre has five staff funded by TUSLA – the Child and Family Agency (two full time posts for a coordinator and a community development / family support worker; two part-time administrator positions; and two employees through TUSLA Prevention Partnership and Family Support, Sligo, Leitrim and West Cavan. One employee works one day a week directly with families living in an IPAS Centre; and the other employee is employed as a Meitheal chairperson to cover Leitrim and Sligo four days a week.

Mohill Family Support Centre also employs one full-time and three half-time caretakers. These posts are funded by Pobal under a Community Services Programme (CSP) scheme.

Outline of the work undertaken to date of Mohill Family Support Centre:

The Mohill Family Support Centre offers targeted and universal services to the communities that we work in. Outlined below are services which we offer. This can change depending on the emerging needs of the communities we work with.

- Information, advice and support for individuals and families – supporting families/individuals to complete forms, phoning statutory agencies on behalf of clients, accompanying clients to meetings, organising information days.
- Therapeutic services – Adult, adolescence counselling and play therapy.
- Parenting Programmes.

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- Rainbows – Separated and Bereavement programmes, for children who have suffered from the loss of a parent through death, divorce or separation.
- Family support –supporting families who were identified as needing support through PHN (the public health nurses), Lifestart, Social Work, primary school principals, early intervention teams and CAMHS (Child and Adolescent Mental Health Services). Families can also self-refer into our service.
- Family support – IPAS Centre
- Wellbeing programmes

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- Contribute to the Meitheal programme - as lead practitioner.
- Support access visits to take place in collaboration with outside agencies.
- Parent and Toddler groups in Mohill town, Carrigallen town and Ballinamore town.
- Active Age group (in conjunction with Leitrim Development Company).
- Parent and Child Cookery classes (funded through local PPFS Office).
- Mohill Area Action on Alcohol Misuse.
- Women's group.
- Men's group.
- Gardening classes.
- Community garden.
- Carers support group.
- Personal alarms (Seniors Alert Scheme) administered by Mohill Family Support Centre on behalf of Pobal.
- Foróige Youth Club.
- Mohill Youth Café for children aged 8-10 years and 10-12 years.
- Summer camps.
- Halloween camps.
- Easter camps.
- Weekly Food Cloud in collaboration with Aldi, Tesco and Lidl.
- Quarterly Distribution of SMD (Support for the most deprived, formerly FEAD) hampers to families who are living in disadvantaged and marginalised communities (the national distributor is known as the Food Cloud Hub).
- School Uniforms Co-op which operates all year round.
- Outreach clinics in Carrigallen town (Fridays) and Ballinamore town (Thursdays).
- Outreach clinics in the IPAS Centre – Ballinamore.
- Drop-in clinic every Tuesday in Mohill Family Support Centre.
- Administrative service for the general public.
- Meeting rooms and training rooms for hire.
- Drama Classes for children.



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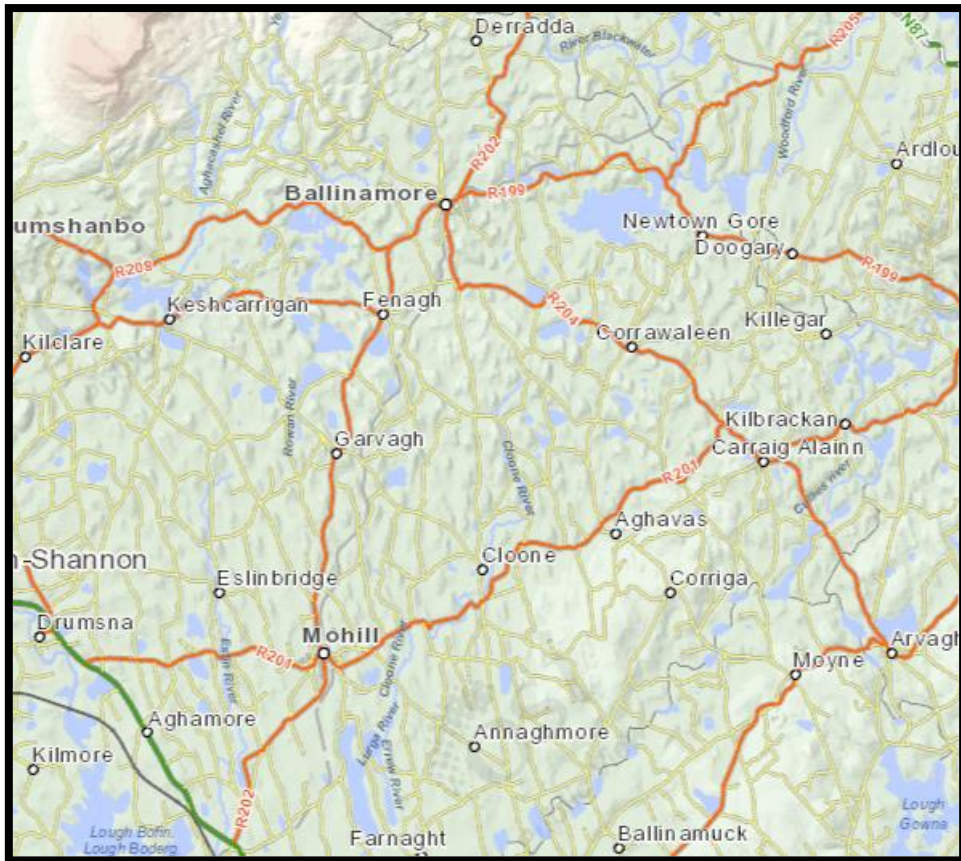
- St Patrick's Day – non-alcoholic cultural, dancing and music event.
- Intercultural and Family days.
- Christmas Craft Fairs



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Description of Catchment Areas

The catchment area of Mohill Family Support Centre is a set of three small areas of south county Leitrim. Essentially there is a triangle of land with three small towns at each corner. The major catchment area is Mohill town and a radius of eight miles (13 Km) around it. Additional catchment areas are Ballinamore town and Carrigallen town. In terms of Electoral Divisions (E.D.s), the catchment area consists of Mohill Town (E.D. of Mohill [28074]), and 28 other E.D.s.



Mohill Town: At one corner of the triangle, the southwest corner is the town of Mohill. The word “Mohill” is derived from an old Irish name meaning marshland, “Maothail”, and this reflects the poor quality of the agricultural land on which much of the town’s business depends.



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Mohill is located 18 kilometres from Carrick-on-Shannon, the county town. It is on the main Longford-Enniskillen Road, 26 kms from Longford and 35 kms from the border with Northern Ireland (a part of the United Kingdom). Mohill lies eight kms from the N4, which is the main Dublin-Sligo Road. Sligo city lies 70kms to the northwest of Mohill and is the main referral centre for general hospital services within the HSE (Health Service Executive) - West area.

Mohill has two Primary Schools – Both Schools serve the community of Mohill and surrounding areas of Mohill.

Mohill town also has a Community College run by the Mayo-Sligo-Leitrim ETB. An Enterprise Centre in the town provides computer courses, courses on job seeking skills, and administrative service, as well as renting units. In addition, there is a Youth Reach service for students who have not finished secondary school or who have not yet decided about advancing to further education.

Facilities for public meetings in or near Mohill:

- A public library in Mohill town has recently built on an extension, which will be able to accommodate public meetings;
- In addition, the local GAA club has built a facility at its grounds which will include accommodation for club meetings;
- There are two churches in the town which could cater for cultural events compatible with their religious ethos;
- There is another community hall (in addition to the Centre where Mohill Family Support Centre is based) – the Hunt Memorial Hall;
- There are also meeting facilities at Lough Rynn Castle Hotel

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The nearest rail link to Mohill is the village of Dromod, 8 kms away. Dromod is situated on the main Dublin-Sligo rail route.

There are two Bus Eireann services each week connecting Mohill to Longford (on Mondays and Saturdays), and another service once a week (on Thursdays) to Enniskillen, Co Fermanagh (Northern Ireland) that is also run by Bus Eireann.

A "Local Link" bus service serves people between Mohill, Carrick on Shannon and Ballinamore every day.

Ballinamore Town: At another corner of the triangle, the north-west corner is Ballinamore town, 16 km from Mohill in a northern direction. It is similar in size to Mohill. Ballinamore has a community school, opened in 2014, and a genealogy centre linked to the County Library, and a country museum a short distance outside the town.

Carrigallen Town: At the third corner of the triangle, the northeast corner is Carrigallen town, 25km from Mohill in an east-northeast direction. It is smaller than Mohill, and has a high proportion of new communities settled there. It too is served by the same bus to Enniskillen on Thursdays. This town has a purpose-built theatre, an active drama group, and a cattle mart. The town also has a second level school run by Mayo Sligo Leitrim Education and Training Board.

Private provision:

- a) A community childcare service is available locally in Mohill which is subvented by government funding.
- b) There is a wide range of supermarkets in the triangle or within driving distance.
- c) There is uneven mobile phone coverage, with a few "black spots" in the triangle having poor coverage.
- d) A successful hotel, Lough Rynn Castle, operates just outside Mohill, which provides employment.

Details of the work and delivery of Service

Services delivered to Families residing in the IPAS Centre

TUSLA Prevention Partnership and Family Support, Sligo, Leitrim and West Cavan commission Mohill Family Support Centre to provide family support to twenty-four families and 58 children. Support was given in the areas of parenting, sourcing childcare, family days out, sourcing entitlements and supporting families regarding documentation for interviews to obtain status in the Country. The family support worker works in collaboration with the Management of the IPAS Centre and outside agencies to run workshops and information with the Simon Community, Leitrim Development Company and Foroige and youth generation programmes.

A snapshot of Service delivery throughout the year

- **Food Cloud and FEAD Hampers: Mohill Family Support Centre receive donations from Aldi, Tesco and Lidl weekly.** Food donations depends on the level of food each outlet have to donate to the Centre. Families and Individuals come to the Centre premises once a week to collect the food. In 2022 demand for food has risen and we have new families and individuals availing of the services. We are putting this increase down to the cost-of-living crisis.
- In addition, the Mohill Family Support Centre avail of food from food cloud - this service is quarterly (once every three months). As a centre we were fortunate at one stage to get the support of the "Civil Defence" transport and volunteers, who travelled to a Food Cloud warehouse in Dublin to collect the consignments of food and bring them to our Centre. Due to new regulations, we are now sourcing our own transport at some cost to our Centre.

The Community Foundation for Ireland:

- As a centre we were extremely fortunate to lever additional funding of €30,000 in funding through the RTE Late Late Toy Show appeal, which was secured to promote the emotional and holistic wellbeing of young people living in Direct Provision, Ukrainians and young people living in Leitrim and environs of neighbouring counties. This funding was utilised to extend therapeutic services for young people from 4-18 years, to host intercultural days for integration into the local communities and trauma-informed play sessions and to extend the family support workers day from one day to two days to give additional supports to families living in the IPAS Centre.

Mohill FSC Counselling service:

Mohill Family Support Centre recruited adolescents and adolescent counsellor for two days a week to provide 10 –12 counselling to young people for social anxiety/isolation, non-attendance at school, exam stress. The Centre would not have been able to provide these services if we did not receive the additional support from the Community Foundation.

Adult Counselling: Mohill Family Support Centre continue to provide adult counselling one day a week in late 2022 the Centre did a recruitment drive to recruit a psychotherapist one day a week so we would have a psychotherapist one day a week on site.

Play Therapy: Mohill Family Support centre is funded through TUSLA Prevention Partnership and Family Support, Sligo, Leitrim, and West Cavan to provide play therapy for young people aged 4 – 14 years. The Centre currently employs 2 therapists to roll out this service.

Parent and Toddler groups: Our parent and Toddler groups are back operating face to face since COVID 19 in Ballinamore, Carigallen and Mohill. All three Parent and Toddler groups have a new cohort of parents attending. We obtained funding through Leitrim County Childcare Committee to roll out



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music and movement sessions, messy play sessions and clay mounding sessions.

Our Community Development / Family Support Worker:

Our Community Development/Family Support Worker in 2022 worked with 14 families in areas of parenting, behaviour, routines, food poverty, rights, entitlements, and housing.

Our Centre supported various agencies:

To accommodate individuals locally on a temporary basis. We provided bedding, clothing, and baby equipment through donations from the community.

We also supported and work with agencies to support the settlement of Ukrainians in our catchment area.

The overall impact of these services has led to the profile of Centre been raised on our social media platforms and new families using the Centre for either universal or targeted supports.

Governance Code

Details on Governance Code
<p>Mohill Family Support Centre has a documented strategic plan which outlines measurable goals and objectives and takes into consideration external factors, for example funders, service users, and technological, financial, legislative and human resource requirements. The Board of Mohill Family Support Centre has in place a Staff, Volunteers and Directors' handbook which ensure that the centre's policies and procedures are adhered to. Mohill Family Support Centre has commenced implementing the 'Charities Governance Code for Community and Voluntary Organisations' with training for management and board. Mohill Family Support Centre is committed to practicing good governance and will continue to develop further existing policies and procedures that will make sure our organisation runs effectively and in a transparent manner for our employees, volunteers, service users and funders.</p>

Project Profile Information

Project Profile Information	Mohill Family Support Centre CLG Project Details
Population of Catchment Area	15665
Mohill Family Support Centre CLG address	Canon Donohoe Hall, Mohill, Leitrim N41 Y2F5
Coordinator	Majella Mc Govern
Contact Details for Mohill Family Support Centre CLG	071 9631253
Email addresses for Mohill Family Support Centre CLG	majella@mohillfsc.info support@mohillfsc.info
Website address for Mohill Family Support Centre CLG	https://www.mohillfamilysupportcentre.org/
Facebook address for Mohill Family Support Centre CLG	https://www.facebook.com/mohillfamilysupport/
Twitter	https://twitter.com/MohillFSC

Total Hours of Opening	See the next page
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Breakdown of Opening Hours

Breakdown of Opening Hours (i.e. when public can drop in / contact staff)	
Monday	9am-1pm, and 2pm-5pm
Tuesday	9am-1pm, and 2pm-5pm
Wednesday	9am-1pm, and 2pm-5pm
Thursday	9am-1pm, and 2pm-5pm
Friday	9am-1pm, and 2pm-5pm
Saturday	Closed – unless Saturday clubs or other events are running
Sunday	Closed other events are running

Mohill Family Support Centre work with a variety of Target Groups and Working Partners. The relevant agencies are listed below.

Statutory Partners	
TUSLA	Family Support Services Unit
TUSLA - Prevention, Partnership and Family Support Sligo, Leitrim and West Cavan	Gardai
SOLAS	Department of Employment Affairs and Social Protection
Department of Employment Affairs and Social Protection	Department of Education and Science
Leitrim County Council	RSA
Health Service Executive	Primary Care Team



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SIM Group	Pobal
Leitrim Development Company	

Sector Partners	
Health Service Executive	Citizens Information Service – CIS
MABS	Leitrim Development Company
MSLETB - Mayo Sligo Leitrim Education Training Board	Leitrim Enterprise Office
National Forum Family Resource	Volunteer Ireland
LDTF	Trades Union
National and Regional Networks	Leitrim County Childcare Committee
Local Organisations	Primary and Secondary Schools
Children and Young People's Services Committee	Local Youth Services
Sports Organisations	DVAS – Domestic Violence Advocacy Service Sligo, Leitrim and West Cavan
Community Forum	Foundations or Trusts

Target Groups	
Families, Parents and Children	Community
Men / Women	Teens at Risk
Young People	Older People
Unemployed	Lone Parents
People with a Disability	Carers
Traveller Families	Ethnic Groups
Those experiencing Rural Isolation	Those experiencing Social Exclusion
Families affected by addiction	Indebted Households
LGBT Community	Young LGBT
Those experiencing Trauma	New communities

Issues encountered	
Child protection	Childcare
Parenting	Access to Rights and Entitlements
Education / Access to Education	Access to Education – Preschool, primary, secondary and third level education
Education Access / Support – Primary	Education Access / Support – Secondary
Education Access / Support – Further	Personal Development
Labour Market Training	Unemployment
Inequality	Social Economy
Access to Health Services	Disability
Physical Health	Mental Health
Family Breakdown and Stress	Information
Access to ICT	Lack of Amenities
Transport	Poor Community Infrastructure
Community Safety	Neighbourliness
Addiction	Bullying
Housing / Built Environment	Domestic Violence
Drug Misuse	Food Poverty

Project Development Tasks	
Internal policy	Involvement in Regional / National FRC Forum
Recruiting Volunteers for Board of Directors	Supporting Volunteers on Committee
Ensuring Best Practice in Management	Team Development
Planning	Evaluation
Communication work	Recruiting Volunteers to support the activities of the Centre

Project Finances

Project Finances	
Core funding from Family Support Services Unit	161,242
Other funding from Family Support Services Unit, counselling	8,100
Prevention, Partnership and Family Support - Sligo, Leitrim and West Cavan	31,424
Tusla Dormant Accounts funding	8,459
Local Authority (drama project; period poverty; community activity fund, etc)	23,830
ETB	3,924
HSE	0
Pobal	47,563
Department of Social Protection	0
Department of Children and Youth Affairs	0
Trading income:	40,313
Other Income (sundry income, donations, Toy Show, Drugs Task Force, Leitrim Dev Company, Tubbercurry summer camps grant).	12,659
Total	337,514

Mohill Family Support Centre CLG Project Staffing / Volunteers

Project Staff

		Persons	FTE
Staff funded through the Child and Family Agency Tusla	Male	2	
	Female	2	
	Total	4	3
Staff funded through Tusla – PPFS			
	Male		
	Female	2	0.2
	Total	2	0.2
Staff funded by other programmes (CSP – Pobal)			
	Male	4	
	Female	0	
	Total	4	2.5

Voluntary Workers

		Persons	FTE
Voluntary Workers (not including Board Directors)	Male	6	
	Female	11	
	Total	17	0.33

**Comment on the
FRC Programme activities supported by Volunteers**

Mohill Family Support Centre CLG have a very dedicated and great team of volunteers who give their time to work mostly with Foroige, youth cafe, Community garden, Christmas fairs, Santa, Halloween, Christmas disco and fund-raising activities, IT repairs and social media.

Project Management

Mohill Family Support Centre relies on the input of the Board of Directors/Trustees for on-going internal management, planning and evaluation, as well as support for the development of programme activities. The gender breakdown of the management Committee is as follows

Male	1
Female	6

The levels of knowledge at Board level available to Mohill Family Support Centre in relation to our target groups and catchment are listed on the next page.

Children, Parents, Families, Community, Women, Men, Young Person, Unemployed, People with a Disability, Carers, Families affected by addiction, social inclusion, early years care and education, school age child, finance and project management.

With regard to the representation from working partners: there are people on our Board of Directors/Trustees who also sit on the Boards of Local and National Organisations and Sports Organisations. There are representatives from Leitrim Development Company and Leitrim Association of People with Disabilities on the Board of Mohill Family Support Centre.



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Attendance at Board Meetings in the year 2022		
Name of Director	Role	Meetings Attended
Cathriona Charles	Chairperson	
Hazel Humphreys	Vice Chairperson	
Karen Mc Partland	Joint Secretary	
Bernie Donoghue	Joint Secretary	
Michael Wall	Treasurer	
Eileen Boyle	Director	
Caroline Kearney	Director	

Skillsets present within the current Board of Directors	
Financial	Local knowledge of Community
Fundraising	Disabilities
Family life	Community Development
Artistic creativity	Early Years Care and Education
Human Resources	Project Management

Biographical information about Board members:

Cathriona Charles has lived in the Mohill area most of her life. As a long term organ transplant recipient Cathriona wants to repay her gift of life and does this by volunteering at a national level as a board member of the Irish Kidney Association (IKA) and locally with MFSC. Cathriona enjoys being creative and using these skills in her various roles as a volunteer.

Eileen Boyle: Worked in the Public Service. Active in the community/voluntary sector. Experienced in all aspects of Office administration, team working, public facing roles and group management.

Bernie Donoghue is working as Social Inclusion Manager with Leitrim Development Company. She has over 20 years' experience in Community Development and Social Inclusion work. She has a MA in Community Development from NUIG. Bernie has also been involved in the establishment of Leitrim Volunteer Centre and is a Board member on this organisation. She has worked with community groups and networks throughout the county.

Hazel Humphreys: Retired to Mohill over three years ago; a native of Dublin; she worked for an international shipping company in London; then worked in Human Resources for an Alarm company; and finally as a Systems Trainer manager in Britain's National Health Service (NHS).

Caroline Kearney: Manager of Eivers Lane Childcare CLG for the past 12 years. Studied with Athlone IT and Carlow IT for her BA (Honours) in Early Years Education and Care. She says, "With 20 years' experience in Early Years I enjoy working in the early years as I believe Early education moulds children to help them tackle all the different aspects of their life's journey. Outside work hours I enjoy family time with my husband and 1 year old boy / girl twins and three other children."

Karen Mc Partland: Leitrim Native, originally from Drumshanbo but living in Annaduff with her husband and 2 children for the past 12 years. Karen is the Manager of the Leitrim Association of People With Disabilities (LAPWD) based in Mohill. The LAPWD supports over 45 people with Physical and Sensory Disabilities all over County Leitrim. Karen has been in this post for over 3 years, previous to this she managed a Community Project supporting women and children in Mullingar, Co. Westmeath for over 13 years.

Michael Wall Originally from Enniscorthy and settled in the North West since 1997. Owner of Wall Street barber shop in Mohill. He has a keen interest in local and community development, and is a member and supporter of the Mohill town team.



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Internal Policies

Here is indicated for specific policy areas whether these policies are (i) in place (Yes), (ii) in the process of being established (in Process) or (iii) not yet there (No).

General Policies and Procedures

Anti-racism Code of Practice	Yes
Child Protection Policy and Safe Guarding Policy	Yes
Code of Practice relating to Domestic Violence	Yes
Equality of Opportunity / Equal Status	Yes
Code of Practice for working with LGBT Communities	Yes
Policy for Groups using the Centre	Yes
An Internet Use Policy	Yes
Data Protection Policy and GDPR Policy	Yes
Communication Public Relations / Media Policy	Yes
Code of Practice on Suicide Prevention	Yes
Working Alone Policy	Yes

Corporate Governance Policies

Volunteers Policy and Handbook	Yes
Terms of Reference for Sub-Groups	Yes
Confidentiality Policy	Yes
Recruitment of Volunteer Directors	Yes
Turnover of Volunteer Directors	Yes
Board Meetings without Staff Present	Yes
Policy on Conflicts of Interest	Yes
Policy on Conflicts of Loyalty	Yes

Non-Attendance of Directors at Meetings	Yes
Directors Handbook	Yes
Not acting in the best interests of the Company	Yes
Financial Policies and Procedures	Yes
Company Law Compliance	Yes

Policies and Procedures in Relation to Employment

Health and Safety Statement and Policy	Yes
Bullying and Harassment Policy (Including Sexual Harassment)	Yes
Dignity and Respect at Work	Yes
Disciplinary and Grievance	Yes
Recruitment and Selection	Yes
Supervision and Support	Yes
Time Off In Lieu	Yes
Career Breaks	Yes
Job Sharing	Yes
Staff Hand Book	Yes
Family Friendly Workplace	Yes
Working Alone Policy	Yes
Options related to Work Hours	Yes
Statutory / Non Statutory Leave Arrangements	Yes
COVID 19 Policies and Procedures	Yes
Return to Work Protocol – COVID 19	Yes

Charities Governance Code

Has your Centre signed up to the Governance Code for the Community and Voluntary Sector?	Yes
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Area Level Needs

The following set of indicators present a detailed overview of four socio-economic dimensions of need in the Centre's catchment area.

The data below is based on electoral districts in the area

Demographics	
Population of catchment area	15665
% population aged under 15 years	18
% population aged over 64 years	17
Age dependency ratio (% of the population aged under 15 years, and % aged over 64 years)	35
% change in population over previous 5 years	1

Social Class Disadvantage	
% adult population with Primary School education only	15
% adult population with a Third Level education	22
% persons in households headed by 'Professionals' or 'Managerial and Technical' employees, including farmers with 100 acres or more	31

Labour Market Disadvantage	
% households with children aged under 15 years and headed by a single parent	15
% persons in households headed by 'Semi-skilled Manual' and 'Unskilled Manual' workers, including farmers with less than 30 acres	10
Male unemployment rate, based on Census 2016	12
Female unemployment rate, based on Census 2016	7

Relative Deprivation / Affluence	
Area: Affluent (scores 10)	0
Area: Slightly above national average (0.0 to 9.9)	0
Area: Slightly below national average (-9.9 to 0.0)	-3.18
Area: Disadvantaged (-19.99 to -10.0)	0
Area: Very/Extremely Disadvantaged (-20.0 or less)	0

Accomplishments in 2022

Over 2022, Mohill Family Support Centre has offered an expression of concern for the wellbeing and welfare of the local people with whom we work. Many and varied services have been offered by Mohill Family Support Centre to reach out to people in difficulty or distress of different kinds. The highlights include:

- Funding obtained from the Community Foundation of Ireland to extend therapeutic supports to children and young people in Leitrim and environs and to extend one employee employment from one day to two days a week.
- Befriending service for the elderly / service users in the area through the medium of phone calls.
- Delivery of food hampers three times a year to our service users and people who are in need due to the loss of employment because of the pandemic.
- Successful peer support groups for women, older people, children and teens.
- Gardening groups and related cookery lessons.
- Professional counselling and play therapy services.
- A drop in centre in our own town and an outreach service in Ballinamore and Carrigallen on a weekly basis.
- Other facilities and services include the seniors alert scheme providing personal alarms to older people.
- In addition, Mohill Family Support Centre is very active on social media platforms and also contributes to news columns in the county newspaper.
- Mohill Family Support Centre also operates a weekly food distribution service which supports families in Mohill and surrounding areas in Leitrim.

Challenges

The challenges that faced Mohill Family Support Centre in 2022 included:

- **Staffing** – our workload has increased in volume and complexity, particularly in the area of family support, while the available time and personnel have not kept pace with this increase. The volume of need is increasing, and it is difficult for staff to meet the need without additional resources
- **Documenting the Centre's work** meeting all governance – this task is complex, and it has required a good deal of time from the coordinator and the Directors / Trustees of the Company.
- **Recruitment of Staff** the recruitment of qualified and experience staff was difficult in 2022 which added additional pressures to the current work team.

Thank you

Overall the staff team of Mohill Family Support Centre adjusted well to working through a pandemic while still supporting the communities however in a new way.

On behalf of the Directors, Management and Staff Team we would like to sincerely thank all our volunteers, service users, funders, businesses and our colleagues on a local and national level for supporting us through this very unprecedented year.