



MOHILL FAMILY SUPPORT CENTRE

Groups who meet in the centre:

- Writer's group
- Men's group – Thursday evenings at 7.30pm
- Prayer group – every Wednesday evening at 7.30pm
- Careers group
- ICA
- Walking group – weekly
- Parent and toddler – every Tuesday morning 11am to 1pm



Youth activities



- Summer, Easter and Halloween camps
- Youth clubs for 8-12 year olds
- Club for older teens starting in September
- Games evening starting in September
- Art and crafts workshop – 1st Saturday of each month
- Lego workshops – 2nd and last Saturday of each month



MOHILL FAMILY SUPPORT CENTRE

For more information
on the services we offer,
please contact:

📍 Mohill Family Support Centre GLC,
Canon Donohoe Hall, Mohill,
Co. Leitrim N41 Y2F5

☎ 071 963 1253

📞 087 671 3445

✉ support@mohillfsc.info

Opening hours:

Monday to Friday
9am – 5pm

TUSLA
An Ghníomhaireacht um
Leasúil agus an Teaghlach
Child and Family Agency

pobal
government supporting communities



“ We provide and offer an open and welcoming environment for everyone in the community ”

ABOUT US

Our aim is to enhance the lives of children and families in the community through different supports and interventions.

Mohill Family Resource Centre was established in 2002 and is based in Canon Donohoe Hall.

We deliver a wide range of community-based family supports and community development interventions.

We are a company limited by guarantee and a charity with a voluntary board of management who employ professionals to manage and run the FRC.

As an FRC we are here to combat poverty and disadvantage, and to improve the function of the family unit. We act as a first step to community participation and inclusion that will lead to improved living standards for families and members of the community. We advocate and promote health and wellbeing within the community for all age groups.



Family supports available:

- One to one family support
- Outreach service to families
- Parenting programmes
- Advice and support for families
- Rainbow Programme for children
- Food bank and food hampers
- Sensory unit for neurodiverse children and adults
- Parent and toddler groups in Mohill and Carrigallen
- Health and wellbeing programmes for young people



Services provided within the centre:

- Daily drop in service
- Listening ear service
- Admin supports for groups and individuals
- Printing and photocopying
- Use of the internet
- Local/community information
- Uniform co op
- Charity shop (in Hyde Street)
- Administrators for the community notes
- Senior alert scheme
- Health and wellbeing programmes for adults
- Meeting rooms available for rent.



Please ring the office on 071 963 1253 for more information on any of the above.

COUNSELLING SERVICE

The counselling service helps people to understand and cope better with day to day challenges they may be having.

Services available:

- Adult counselling 18+
- Play therapy for 5+ children
- Adolescent therapy
- Listening ear service is also available

How to make an appointment:

You are more than welcome to self refer to the service by calling the manager on 087 671 3445 and she will send a referral form to you for completion.

You can talk to your GP and ask them to refer you to the service on your behalf.

Fees: There is a small cost for the service and this will be discussed with your therapist.



Call us on
071 963
1253