



Adult Counselling Referral Form

Name		
Contact Details		
Male / Female	Female	
Ethnic Origin	Irish	1 st Language Level of Proficiency in English

1. Client Information

- Full Name: _____
- Date of Birth: _____
- Address: _____
- Phone Number: _____
- Email Address: _____
- Preferred Contact Method (Phone/Email): _____

2. Referrer Information (if applicable)

- Name of Referrer: _____
- Relationship to Client: _____
- Organization: _____
- Contact Details (Phone/Email): _____

3. Reason for Referral

- Main Concern/Presenting issues:

- Specific areas of support required (tick all that apply):
 - ☐ Bereavement Support
 - ☐ Trauma Counselling
 - ☐ Family or Relationship Issues
 - ☐ Mental Health Concerns
 - ☐ Stress or Anxiety
 - ☐ Other (please specify): _____

4. Background Information

• Duration of concern(s): _____

• Relevant personal or family history regarding your concerns:

• Previous counselling or therapy history:

☐ Yes ☐ No

If yes, please provide details: _____

• Any current or past involvement with Family Resource Centre services?

☐ Yes ☐ No

If yes, please specify: _____

5. Risk and Safety Assessment

• Does the client present any immediate risk to themselves or others?

☐ Yes ☐ No

If yes, please provide details: _____

• History of self-harm or suicidal ideation:

☐ Yes ☐ No

If yes, please provide details: _____

• Any additional safeguarding concerns (e.g., domestic violence, child protection):

6. Consent to Referral

I confirm that the client has been informed about this referral and consents to their information being shared with the Family Resource Centre for the purpose of accessing counselling services.

• Client Signature: _____ Date: _____

• Referrer Signature (if applicable): _____ Date: _____

There will be a minimum of €20 per session with the counsellor as we are only partially funded for the service and if clients can contribute more this would be much appreciated as this helps for the service to continue. We thank you in advance for your understanding any issues please contact Angie the Manager

Please return to

By post Manager , Mohill FSC, Canon Hall, Mohill ,Co Leitrim

Or email coordinator@mohillfsc.info